



Graduate-Undergraduate Mentorship (GUM) Program at UCLA



“Sticking Students Together for Success”

gsrmentorship@gsa.asucla.ucla.edu



www.facebook.com/GraduateUndergraduateMentorship

Mission

To foster postsecondary success through building relationships between graduate and undergraduate students across campus. GUM provides accessible resources to empower Mentors and Mentees through interpersonal connections as well as academic and career development.

Vision

A bridge between undergraduate and graduate students of diverse backgrounds and career paths at UCLA. By establishing a cycle of mentorship, we are creating a community that values holistic development and experiential knowledge, while providing a supportive environment for academic and career success.

Our Values

**Holistic Development • Experiential Knowledge
Mentorship • Empowerment • Community**
(Descriptions available upon request)



How GUM fits within the goals of the Healthy Campus Initiative



This project aligns well with HCI's efforts to 1) promote mind-brain health or psychological well-being and creative achievement as well as 2) create a healthy community and environment. With few opportunities on campus for collaboration between graduate/professional school students and undergraduate students in non-supervisory, non-teaching roles, our project strives to develop a unified campus by creating a bridge between graduate/professional school students and undergraduate students through mentorship opportunities. GUM is committed to facilitating a healthier UCLA campus in many ways:

- a campus-wide mentoring initiative aimed to build a welcoming and supportive environment for both undergraduate and graduate/professional school students
- unrestricted participation inclusive of all racial/ethnic backgrounds and various social demographic characteristics, as well as across disciplines/fields
- offering holistic programming for personal, academic, and career objectives specifically designed and implemented by students to increase a sense of belonging, empowerment, and academic/career promise
- preparing undergraduate students for graduate school and a competitive job market
- offering the opportunity for graduate/professional school students to develop leadership and mentorship skills needed for their own future aspirations and various career pathways
- providing consistent and reliable mentors for undergraduate students over an academic year through various types of programming (e.g., mixers, career panels, graduate school workshops)

What is GUM at UCLA?

GUM—*Sticking Students Together for Success*—is a pilot program that launched in spring of 2014. It focuses on fields dedicated to public service including education, public policy, urban planning, and social welfare.

- Offers a six-week-long workshop series for undergraduates who wish to learn more about graduate school in the fields listed above
- Matches undergraduate students with a graduate/ professional school student to serve as a mentor. The matching is done with consideration to academic field of interest and other significant characteristics that were ranked in the mentee's and mentor's applications.

Second GUM Cohort

(Spring 2015)
Our application process yielded 68 undergraduate applicants. We accepted and matched 38 undergraduate mentees with 29 graduate mentors (some mentors worked with more than one mentee).



GUM Mentees →

← GUM Mentors



GUM's Kick-Off Event: Celebrating GUM's Second Cohort



Food and ice-breakers to kick-off the cohort and unite us

Former GUM Mentees shared their experience

Creating a community with "Cultural Bingo!"

Program Overview

Program Duration (Spring 2015): Weeks 1-8

When	What	Who
Week 1	GUM Mentors Orientation	Mentors only
Week 1	GUM Kick-off Event	Mentors/ Mentees
Week 2	GUM Workshop Series begin	Mentees only*
Week 3	Team Building Event	Mentors/ Mentees
Week 7	GUM Workshop Series Ends	Mentees only*
Week 8	GUM Closing Event	Mentors/ Mentees

*Mentors are welcome to attend, but attendance is not mandatory

Workshop Topics

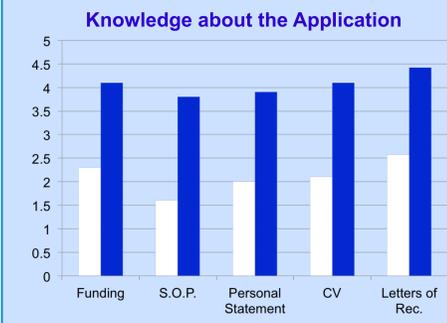
Lead by a Graduate/ Professional School Student

Week	What
Week 2	Getting to Know You/ Graduate School Selection
Week 3	Beginning the Application Process
Week 4	Application Process Continued
Week 5	Resume/CV and Revisit Personal Statement
Week 6	Funding
Week 7	Career Paths Panel/ Flex Week

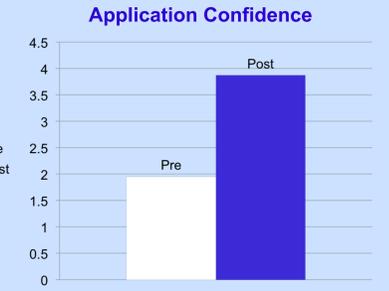
GUM's First Cohort: Measured Outcomes and Success

We conducted five different assessments for the pilot program: pre-program and post-program graduate school application process knowledge (workshop participants only), workshop evaluation, instructor evaluation, and mentor evaluation. Below you will find selective results.

Graduate School Application Process Knowledge: The pre and post program assessments asked students to assess their knowledge of and confidence in the components of the graduate school application process. The various components of this self-assessment included: finding schools/programs, statement of purpose, personal statement, CV/resume, tests, letters of recommendation, and funding. Prior to the start of the program, the applicants were asked to categorize their knowledge of the application process as "nothing," "very little," "some," "informed," or "very informed." Sixty percent of the applicants knew very little to nothing about the graduate school application process and 85% had not participated in a graduate/professional school preparation program. After their participation in GUM, an overwhelming percent of mentees (93%) claimed to be at least "informed," with 54% of mentees stating they were "very informed." (When assessing their understanding of the components of the application process, students were asked to measure their knowledge on a scale of 0-5, 0 being "none" and 5 being "high").

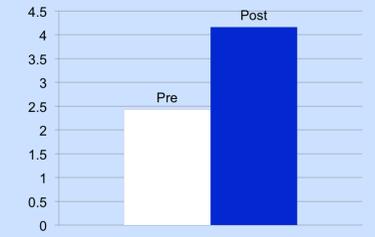


***All pre and post results were significantly different from each other, with a p-value < .001



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Graduate Program Confidence



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Words from the GUM Mentees:

"My GUM mentor and instructor have been the only individuals on campus who have personally been invested in making sure I continue into graduate school. I am truly gracious for getting to meet them and I can honestly say I am going to grad school because of them!"

"I am very satisfied with my experience! I will definitely recommend the program to my peers."

"Overall, GUM was a great program and I hope it continues in the future."

Acknowledgements

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